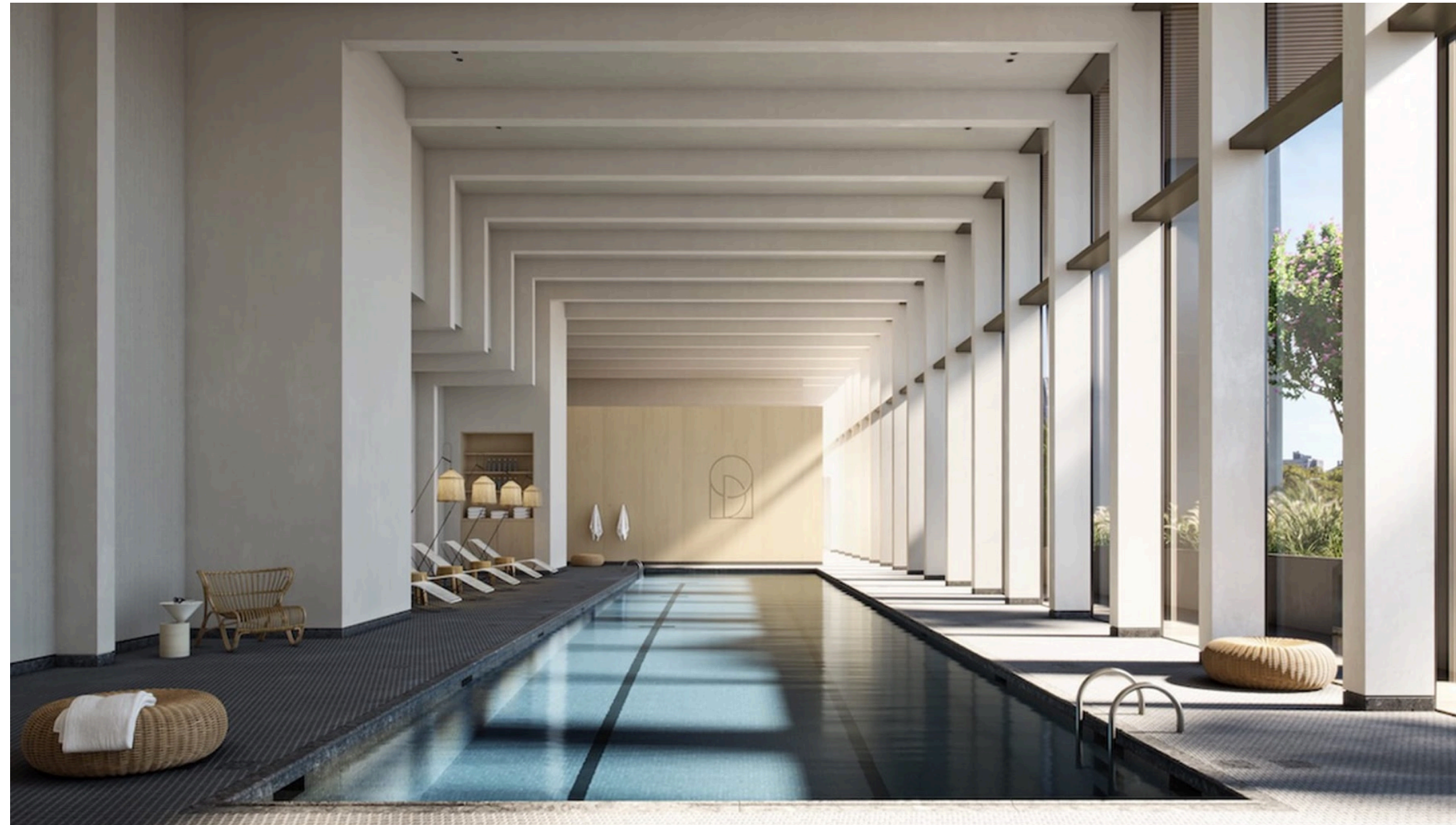




Will At-Home Fitness Change the Way We Exercise?



With pandemic mandates shifting all the time, it's difficult to rely on your local gym for staying fit. Luckily, there are plenty of chic options for exercising on your own terms, from sleek, integrated pieces of equipment to fashion-forward gym accessories. Even luxury condominiums are focusing on state-of-the-art gyms and wellness-centric amenities, like those at Olympia Dumbo. In fact, wellness amenities were crucial to the developers of Olympia; there is an indoor lap pool, steam room, juice bar, dry sauna, tennis court, movement studio, boxing gym, spin studio, and fitness center with state-of-the-art equipment.